**May 2018**

**Matthew Engesser**

My name is Matthew Engesser and I am 10 years old. I am in year 5 at St. Paul the Apostle Primary School in Winston Hills. I have right sided Hemiplegia cerebral palsy. I love to play Football (Soccer), Cross Country, Athletics, Triathlon and Swimming but my favourites are Football (soccer) and Running.

I play Saturday club Soccer with Baulkham Hills Football Club and my favourite position is centre midfield or left midfield because midfielders always run a lot. I play soccer when I’m with the CPA football camp and also with the Pararoos Development Centre. I have been running long distances since I was 5 years old. But last year I ran my first Nationals 2km at the All Schools Cross Country Championships in Hobart as a T37 where I took home a Silver Medal. I also do Athletics with Parramatta Little Athletics Club and this year I took home Gold medals for 800m, 100m and Long Jump and a Silver medal for Discus at the State Little Athletics Championships on the 25th March.

My proudest moment was when I represented NSWPSSA at the Pacific School Games in 2017 and I earned a Bronze Medal in Long Jump and a Gold medal in the Swedish Medley Relay.

One day I would love to make it to the Paralympics doing Long Jump and the 800m. But my ultimate goal would be the 5000m if they have that for para-athletes. I would also like to play Football for Australia as one of the Pararoos like my idol James Turner.

When I am older I want to be a PE Teacher in Primary School because then I can help other kids to chase their sporting goals. Apart from being involved in lots of sports I also love Lego engineering and robotics making all kinds of crazy machines with Lego.