

CEREBRAL PALSY SPORTING & RECREATION ASSOCIATION NSW INC.

2020

AGENDA

MINUTES (2019)

ANNUAL REPORT & FINANCIAL STATEMENT

0418 225 929 | secretary@cpsara.org.au P.O. Box 243, Kensington, NSW 1465



Patrons: Dawn Fraser OAM, MBE Paul Wade

AGENDA FOR ANNUAL GENERAL MEETING

18th September 2020

- 1. Opening and Welcome
- 2. Apologies
- 3. Minutes of the Previous Annual General Meeting held 23th August 2019
- 4. Adoption of Annual Report
- 5. Adoption of the Financial Statement
- 6. Election of Office Bearers President – (2-year term) Treasurer – (2-year term) Ordinary Member – 3 Positions (1-year term)
- 7. Close of Meeting

Presentation of Awards

CPSARA Participation Enhancement Activity Small Grants: Presented by Rae Anderson

Margaret & Allan Gregson Encouragement Awards: Presented by Margaret Gregson Swimming Athletics

David Campbell Encouragement Award Football: Presented by Bill Gurney

Bill Gurney Encouragement Award Football: Presented by Bill Gurney

Ian Menzies Encouragement Award Football: Presented by Ian Menzies

Judy Webber Encouragement Award Various Sports: Presented by Murray Bartram

Dawn Fraser Award for Swimming : Presented by Margaret Gregson

Tim Sherry Award for Athletics: Presented by Kim Georgallis

Footballer of the Year: Presented by Ian Menzies

President's Award: Presented by Brian Berry

Daniel Berry Inspirational Award: Presented by Heather Berry

Athlete of the Year: Presented by Kerry West

Recognition of High Achievement Awards: Presented by Brian Berry

Life Membership Awards: Presented by Nicki Ashton

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MINUTES OF THE 2019 ANNUAL GENERAL MEETING

Date: 27th August 2019

MINUTES OF THE MEETING HELD AT NSW SPORTS HOUSE

Quad Building 1, Level 2, 8 Parkview Drive, Sydney Olympic Park

1.	Opening:	The meeting was opened by President Brian Berry at 7.08pm. Brian welcomed everyone to the meeting and thanked them for attending.
2.	Present:	Brian Berry, Kerry West, Nicki Ashton, Heather Berry, Rae Anderson, Lian Anderson, Summer Giddings, Paul Giddings, Susanne Giddings, Jeanelle Boyce, Jeremy Boyce, Kris Riley, Jess Cronje, Kate Goodridge, Madeline Goodridge, Amelia Scott, David Scott, Taj Lynch, Lily Hannan, Stephen Gregson, Kathy Gregson, Margaret Gregson, Allan Gregson, Peter Colley, Tamsin Colley, Kailyn Joseph, Debra Joseph, Ian Menzies.
3.	Apologies	Cathie Sherrington, Gordon Allen, Julia Allen, Ross Allen, Rod Cleaver, Erin Cleaver, Kim Georgallis, Christian Georgallis.
4.	Previous Minutes	of the AGM held on 24 th August 2018 were distributed. Motion to adopt the minutes was moved by Nicki Ashton, seconded Heather Berry and was carried.
5.	Annual Report	was tabled. Brian Berry (President) thanked the Committee, volunteers and casual staff member Rae Anderson for their support throughout the year and acknowledged the extensive contribution of Brett Fairhall and Ross Allen who were stepping down from the committee. Brett Fairhall will be replaced by Murray Bartram. Motion to accept the report was moved by Nicki Ashton seconded by Heather Berry and carried.
6.	Treasurers Repor	rt prepared and distributed. Nicki Ashton (Treasurer) gave an overview. Motion to accept report was moved by Nicki Ashton, seconded by Kerry West and carried.
7.	Election of Office	Bearers

Brian Berry advised that positions President (Brian Berry) and Treasurer (Nicki Ashton) are ongoing. Vice-President, Secretary and 3 general positions were declared vacant.



- **8.1 Vice-President (2yr Term)** there was one nomination. Kerry West proposed Nicki Ashton, 2nd Brian Berry. Kerry West elected unopposed.
- 8.2 Secretary (2yr Term) there was one nomination. Cathie Sherrington, proposed Brian Berry, 2nd Nicki Ashton. Cathie Sherrington, elected unopposed.
- 8.3 General Position (3) (1yr Term) There were three nominations Kim Georgallis was proposed by Brian Berry 2nd Nicki Ashton Rae Anderson was proposed by Kerry West 2nd Nicki Ashton. Heather Berry was proposed by Kerry West 2nd Brian Berry All three elected unopposed. Murray Bartram agreed to take over as Football Manager and attend the committee meetings.

9. Meeting Closed 7.18 pm



Treasurer's Report for AGM 2019/2020 Financial Year

30-June-2020

General Account #5647		
The Income Total for 2018/19	\$101,880.00	
The Expenses Total 2018/19	\$14,935.72	
Net Income for 2018/19	\$86,944.28	CR
A/C 5647 Balance as @ 30 June 2019	\$185,663.14	CR
Trust Account #6833		
The Income Total for 2018/19	\$40,000.00	
The Expenditure Total for 2018/19	\$0.00	
Net Income for 2018/19	\$40,000.00	CR
A/C 6833 Balance as @ 30 June 2019	\$51,895.25	
Combined Balance as per statements	\$237,558.39	CR

Bank Reconciliation				
July 2019 - June 2020		01/07/2019 - 30/6/2020		
Accounts # 5647 & # 6833				
Opening Bank Balance @ 1/7/2019			\$98,718.86	CR
plus 1/7/2019 - 30/6/2020 surplus			\$86,944.28	
equals balance @ 30/6/2020			\$185,663.14	
Combined Balance as per				
statements			\$237,558.39	CR
	General Account Total		\$185,663.14	
	Trust Account Total		\$51,895.25	



— Monthly Accounts of CPSARA

	2019/2020	2018/2019	2017/2018	2016/2017	2015/2016
Income					
Membership	\$780.00	\$270.00	\$480.00	\$812.00	\$1,565.00
Fundraising					
Nationals			\$1,500.00		
Donations	\$2,100.00		• ,-		
Football Sponsorship	\$12,000.00	\$14,000.00	\$12,000.00	\$15,000.00	\$12,000.00
Football Grants	• •	* ,	× ,	* .	* 2
Trust A/c's					
Grants	\$87,000.00	\$29,500.00	\$28,200.00	\$24,750.00	\$10,000.00
APYG	• •	• - •	× ,	* .	* 2
Carnivals					
Camp					
Misc		\$2,322.75			\$400.00
Total	\$101,880.00	\$46,092.75	\$42,180.00	\$40,562.00	\$23,965.00
		· · ·			
<u>Expenditure</u>					
Membership refunds		\$30.00			
Postage	\$324.00			\$329.00	\$140.00
Telephones					
Website	\$62.50				\$35.00
Fundraising					
Awards		÷	<u>**</u> *** ***	* ~ ~~~ ~~	* ~ ~~~ ~~
Night		\$3,000.00	\$3,400.00	\$2,900.00	\$2,800.00
CPASRF					
AAWD	*• • • • • •				
Sports NSW	\$2,215.00	\$2,215.00			
VESG Grant Computers	* · - - - - - -	÷ : : : : : : : : : : : : : : : : : : :	* ~ ~~ 4 ~~	* ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~	* - 10 00
AGM	\$1,725.32	\$1,016.00	\$2,231.00	\$6,678.25	\$1,742.98
Printing & Stationery					\$304.20
NSW Fair Trading					\$54.00
Brochure	#0.070.00	* 0.0 7 0.00	* 44 444 04	\$44 500 04	* 0.000.05
Football Expenses	\$2,979.82	\$3,878.68	\$11,141.94	\$11,563.84	\$9,008.95
Sports Office Grant	\$7,315.00	\$15,357.50	\$19,126.50		
Carnivals Grants			¢4,000,00	¢500.00	¢40,000,00
APYG			\$1,000.00	\$500.00	\$12,000.00
Sports Fed.		\$539.00	¢411.00	\$401.00	\$858.00
Misc	¢214.09		\$411.00 \$2,957.26		
	\$314.08	\$1,594.84	\$2,857.36	\$428.74	\$85.00
Total	\$14,935.72	\$27,631.02	\$40,167.80	\$22,800.83	\$27,028.13
Net Income/(Defici	t) \$86,944.28	\$18,461.73	\$2,012.20	\$17,761.17	-\$3,063.13
	-/ 200,244.20	¥10,401.73	<i>72,012.2</i> 0	¥17,701.17	-43,003.13



CPSARA Presidents Report – 2020 FROM BRIAN BERRY

This year for everyone, including CPSARA, has been a difficult one due to major bushfires and smoke lingering around NSW for months. On top of that we are currently experiencing the COVID-19 pandemic that has now changed how we live, by affecting our daily living, forcing a lot of us to work from home, cancel nearly all the sports meetings and activities and even the opportunity for us to meet each other in person. It has become a lifetime experience like no other and we are still experiencing it as we speak, even to the point of having our AGM meeting via Zoom and using social media to keep in contact, due to the fact that we cannot meet together because of the social distancing regulations.

On a positive note, CPSARA has been given a new grant to assist in the re-engagement and personal development of people suffering CP to re-engage in sport and assisting our members. The team is now looking at various projects to enhance this opportunity.

Rae Anderson is doing a great job enhancing our social media during this time and keeping everyone connected even though various sporting functions have been cancelled and no physical contact is encouraged. Where we are continuing to hold social media functions to try and encourage our members to interact with each other.

It has been great to encourage and reward both Ian Menzies and Bill Gurney with life membership with CPSARA after their many years of coaching and encouraging our NSW CP 7-a-side footballers as both coaches and managers and even as mentors. Their record of winning 15 out of 16 state championships speaks for itself. To their credit, NSW now has two teams in the national championships.

I would also like to thank CPSARA committee (Cathie Sherrington, Nicki Ashton, Kerri West, Kim Georgallis, Rae Anderson, Murray Bartram and Heather Berry) for all their efforts in making this year (a difficult year), one to remember. We also look to continue serving our members and families well as we all try to help in the re-engagement into a normal lifestyle in 2021 with the Covid-19 pandemic totally surrounding us.

Brian Berry President, CPSARA



ATHLETICS REPORT FROM CATHIE SHERRINGTON

Like other sports many athletics events were cancelled in 2020 due to the COVID-19 pandemic. This was the only responsible course of action for Athletics Australia, Athletics NSW and Little Athletics NSW and the various school sporting bodies but was nonetheless disappointing for CPSARA members.

In September 2019 CPSARA members excelled at the School Sport Australia 10-12 years Track and Field championships (medals for Sybella Warton, Beau Matthews, Matthew Engesser, and multiple NSW relay teams and strong performances from Charlize Colwell) as well as at the NSW All School championships (medals for Mali Lovell, Indiana Cooper Summer Giddings, Jackson Love, Cameron Murray, Christian Georgallis, Chandelle Falls, Breanna Fisk, Tamsin Colley and strong performances from Madelaine Goodridge, Kailyn Joseph. Nicole Robertson and Holly Saunders. Full results available here https://www.cpsara.org.au/copy-of-latest-results-1

In November 2019 Tamsin Colley was chosen to represent Australia in the T36 200m at the World Para Athletics Championships in Dubai. She performed very well with a PB in her heat that earned her a spot in the final later that night. She ran very well in the final too, just marginally slower than in the heat.

In December 2019 a number of CPSARA athletes were chosen to represent NSW at the National All School Championships in Perth, Committee member Heather Berry was selected as a team manager (athletes with a disability) and member Matthew Rawlings was selected as a NSW team leader. All athletes performed well and several came away with medals: Breanna Fisk (2nd discus U/16), Holly Sounders (1st discus, U/18), Cameron Murray (2nd discus, 2nd shotput 4th long jump U/18), Mali Lovell (1st 800m 3rd 200m U/16), Indiana Cooper (3rd 800m U/16), Summer Giddings (3rd discus U/18 800m and long jump), Tamsin Colley (3rd U/18 200m), Jackson Love (7th U/16 long jump), Chandelle Falls (3rd shotput u/16).

In February 2020 a number of our members competed in the NSW State Junior and NSW State Championships and many won medals. Full details are available here <u>https://www.cpsara.org.au/copy-of-latest-results-1</u> Particularly memorable performances were from Mali Lovell (winning the open 200m) and Kim Neuenkirchen with medals in all three in seated throws.

In early March 2020 (just before the world changed) there was an international classification opportunity in Brisbane where a number of CPSARA members had their international classification confirmed including Daniel Jennings, Rae Anderson, Tamsin Colley, Kaylin Joseph and Mali Lovell. The members then competed in the Queensland State championship coming away with a number of medals between them. Full details are available here https://www.cpsara.org.au/copy-of-latest-results-1

Members Tamsin Colley, Indiana Cooper, Breanna Fisk, Summer Giddings, Kailyn Joseph and Mali Lovell were chosen to be part of the Athletic NSW Target Talent Program where the para program is led by coach member Matt Rawlings. Unfortunately, all but one of these training sessions at Homebush were cancelled.



In March 2020, the newly formed athletics sub-committee of CPSARA (Cathie Sherrington, Heather Berry and Kerry West) organised a volunteer roster for the March NSW Little Athletics State Championships with 14 members lined up to assist with the smooth running of the para events. Unfortunately, the championships were cancelled at the last minute due to the pandemic. Despite this it was very pleasing that so many CPSARA members (athletes, parents and coaches were willing to volunteer their time to assist the next generation of para athletes coming through.

Congratulations to all! Let's hope 2021 brings the return of more sporting competitions at a local, national and international level.



CYCLING REPORT FROM ROSS ALLAN

Para-cycling like all elite sports has been affected this year by Covid-19.

At a Grand Prix event in December 2019 held at the Anna Meares Velodrome, Queensland both Amanda and Gordon set **world records** in their respective C2 track events.

2020 started brilliantly with Amanda and Gordon being selected in a Tokyo Target Team of 8 riders to represent Australia at the 2020 UCI Para-Cycling World Track Championships held in Milton, Canada from the 30^{th} January through to the 2^{nd} of February. The Australian team finished with 8 gold, 1 silver and 1 bronze medals. They finished 4^{th} on the total medal tally – a great result seeing other teams where twice the size.

Their results were as follows:-AMANDA REID WC2 500M TIME TRIAL – GOLD (WR) WC1-3 SCRATCH RACE – GOLD Amanda is currently a Dual World Champion !

GORDON ALLAN MC2 1000M TIME TRIAL - BRONZE

Although the team for Tokyo 2020 was not to be announced until June (after Para-cycling road worlds) both riders continued to train as if they were selected.

Disappointment followed for all concerned when Tokyo 2020 was postponed – but their drive and focus continues on. Plenty of road rides, home sessions, NSWIS gym sessions and now track training as Dunc Gray Velodrome is open to elite riders.

Both Amanda and Gordon have stayed in contact with their Cycling Australia coaches and team mates via Zoom meetings and hope to attend interstate training camps as the state boarders are slowly reopened.

We congratulate them both on their outstanding efforts both locally and international and look forward to the future.



SWIMMING REPORT

FROM KERRY WEST

It has certainly been a very interesting year for sport in 2020. The global pandemic has shut down many sporting events and has hit the sport of swimming particularly hard. Many pools and leisure centers have been closed for extended periods and the usual swimming carnivals and events have been cancelled.

Despite the challenges we have heard from a number of CPSARA members about innovative ways they have been able to keep their training up while awaiting squads and carnivals to resume. For example, swimming in wetsuits in backyard pools, ocean swimming and lots of dry land training to keep strength up even when unable to be in the water.

With limited opportunities to compete there have still been some exciting results and a number of members have continued to strive for PBs and qualifying times. Two multi-class carnivals have occurred with CPSARA athletes competing including Ben Andrews, Felix Bennett, Kelvin Giles, Kathy Gregson, Nicolas Lapsley, Jack McCutcheon, Declan Budd and Rachael Vella.

Congratulations to Tahlia Blanshard, Rachael Vella, Declan Budd, Ali Green and Victoria Robinson who qualified for and competed at Country, Metropolitan and State championship level.

For full results please see CPSARA webpage <u>https://www.cpsara.org.au/copy-of-latest-results-1</u>

Let's hope that the 2020/2021 season is able to commence and that opportunities to compete at Multi-class, State, National and school competitions go ahead.



PARALYMPIC 7-A-SIDE FOOTBALL REPORT FROM MURRAY BARTRAM

The start of year kicked off with a very successful national campaign for the NSW team. For the first time we had 2 NSW teams enter the competition, The NSW blue team and a NSW white development team. NSW blue won the title with the NSW white team securing third spot. This shows the depth of talent in the NSW team. The development team also had 2 female players showcasing the increasing number of females playing football.

A CP football female camp was run late last year with 16 athletes who attended. 4 girls from Japan also flew over to take part. Since this camp NSW football has been running consistent clinics for female CP football players to build the team into the future. This is a great step forward for football in Australia as football is the most participated sport amongst females so to have a stream for females with CP is a big step forward.

The start of the year had big plans with camps and nationals to work towards as well as more grass root clinics run by the players but as with a lot of sport in Australia it was stopped in its tracks due to covid-19. All football of any nature connected with football NSW was cancelled until further notice. A lot of the football NSW staff that worked with the team where stood down. This put the team in limbo for the remainder of the year.

The NSW team has held 1 training session since and has plans to run a hand full more later in the year as a day event to continue community engagement and keep the team engaged through these times. The female team has had constant clinics every few weeks planned up to the end of the year.

Due to covid-19 we did not meet with Nova Employment this year, so funding has not been renewed. Once we have a little clearer vision of the future, we will revisit Nova with a clear plan for future funding.

The futsal competition will not be running this year due to covid 19. As this competition was across a broad area (south coast to western Sydney) it was not feasible to run a competition this summer.

Pararoo training and competitions are also on hold until further notice due to boarder restrictions. Athletes are still training and back playing club football but all events for the team are on hold until further notice.

Football was in its best position in years with growth particularly from female involvement prior to covid-19. Going forward the plan would be to continue this growth but maintain the broad range of ages and abilities being involved in the various teams. The grass root programs being run by some of the Pararoo athletes is a key to the sport's future.



REPORT ON OTHER ACHIEVEMENTS

FROM CATHIE SHERRINGTON USING CPSARA NEWS ITEMS PREPARED BY RAE ANDERSON, available at <u>https://www.cpsara.org.au/news</u>

CPSARA members had scholarship success in 2019/2020. Kailyn Joseph (athletics) and Jess Cronje (wheelchair basketball) were awarded Kurt Fearnley Scholarships. The support is aimed at supporting their success at the Birmingham 2022 Commonwealth Games. Tamsin Colley (athletic), Rae Anderson (skiing) and Tahlia Blanshard (swimming) were awarded NSW Institute of Sport support through the national athlete support system joining our cyclists Gordon Allan and Amanda Reid and long jumper Erin Cleaver. Rae Anderson and Tahlia Blanshard will also each receive \$10 000 over two years from Coastability, to assist with their academic and sporting endeavours.

CPSARA was also invited to work with Sport NSW and other sporting organisations for people with disabilities to create Active Abilities Series – by people with a disability, for people with a disability. Paralympian Rae Anderson create the videos for people with Cerebral Palsy. These are available here <u>https://www.cpsara.org.au/post/sport-nsw-active-abilities-series-with-cpsara</u>

CPSARA members also excel at other sports including wheelchair basketball and alpine skiing. Some highlights are below.

Wheelchair Basketball

Breanna Fisk was part of the Juniors Sydney Metros Blue squad which placed 3rd in C grade at Slamdownunder 2019. Breanna was selected to attend development camp in Canberra series and competed in four games for the Australian under 25 in 2019 at the AIS against a visiting USA team

Jess Cronje was part of the Australian team that won Silver with against the USA in Thailand at the finals of the IWBF U25 Women's Wheelchair Basketball World Championship. She also played at an AIS camp for the Australian team in a series versus a visiting German women's team. Her team the Sydney Metro Blues took out bronze in the 2019 season of the Womens National Wheelchair Basketball League. This season has unfortunately been cancelled. Jess is part of the squad aiming for selection for the Australian team for the Tokyo Paralympics but the team has not yet been selected. Jess was part of the Sydney Metro Blues team at slam down under that took out Gold in the B grade as well as part of the Australian under 25 team in 2019 at the AIS against a visiting USA team.

Alpine Skiing

Jackson Love was second at the GS Australian Interschools National Championships and first GS Multiclass Alpine Ski Race at the Northern States Interschools State Championships.

Mali Lovell was first at the GS Multiclass Alpine Ski Race at the Northern States Interschools State Championships.

Rae Anderson competed at the Mammoth World Para Alpine Skiing NORAM 2019 with Women's Giant Slalom 1 6th as LW6/8-2, Women's Giant Slalom 2 8th as LW6/8-2

Women's Slalom 1, 6th as LW6/8-2. In the Winter Park World Para Alpine Skiing 2020 her results were Women's Giant Slalom 1 4th as LW6/8-2; Women's Giant Slalom 2; 5th as LW6/8-2 Points 221.51.