**August 2023**

**Nate Castelli**

1. How old are you and what school do you go to?

I am 14 years old, and I go to Port Macquarie.

2. What sport/s do you participate in and with which club/s?

Athletics- Port Macquarie Little Athletics Club and Port Pacers Running Club.

Swimming- Taree Torpedoes.

3. What is your sporting goal?

My goal has always been to be competitive and try any sport (just like the other kids). Due to my determination I have been selected for the NSW team for the last two Australian Little Athletics Championships and if I am lucky enough again I aim to make it three years in a row.

4. What is your proudest sporting moment/achievement?

Being nominated for and winning a sportsperson with a disability of the year award.

5. What do you love most about competing in sport and being around other para-athletes?

The camaraderie that exists within the para community and the feeling of belonging to a group who all have had to overcome daily hurdles just to achieve what many take for granted.

6. Would you like to share any fun or interesting facts about yourself?

I like to participate in many diverse activities like dancing and sailing. I have recently started to use a race runner in the local parkrun and managed to buckle the rim on my very first outing, LOL.