**July 2019**

**Madelaine Goodridge**

Hi. I’m Madelaine Goodridge and I am 14 years old. I attend Camden Haven High School on the Mid North Coast, where I am in year 9.  I love to compete in swimming for the Laurieton Swimming Club as well as compete in athletics with the Camden Haven Little Athletics Club. I have left spastic dystonic Cerebral Palsy associated with Polymicrogyria, and I am classified a S7 in swimming and a TF37 in athletics. Living on the Mid North Coast means I have to travel long distances up to 500 km’s to attend swimming and athletics events from as far away as Sydney to the Queensland border.

Having CP hasn’t stopped me from reaching my goals. My long term goal is to represent Australia at the Paris 2024 Paralympics either in swimming or athletics. My educational long term goal after I graduate from high school, is to go to university where I would like to study Sports Physiotherapy or Sports Medicine.

My proudest sporting achievements are qualifying and competing at the Georgina Hope Australian Age Swimming Championships in 2017, 2018 and 2019, as well as making the NSW athletics team to compete at the All Schools Athletics Championships in Cairns in December of 2018. I have broken many North Coast swimming records as well as breaking a National record in the girls Para under 16 shotput, and broke two NSW state records in the girls under 14 para swimming in breaststroke. My favourite swimming stroke is backstroke and my favourite field event is long jump. Aside from sport you will find me either riding my buggy around our property, spending time with my family and my cattle dogs, or sewing something.