**March 2024**

**Zac Harding**

1. Hi, what’s your name?

Zac Harding

1. And how old are you Zac?

Sixteen

1. And what events do you compete in?

I competed in 400m, long jump and 100m and 200m [this weekend].

1. What is your favourite event?

100m and long jump

1. What do you like about competing with other para-athletes??

To make new friends!