



***Is your child aged 5-16 years?
Does your child have a disability that affects their movement?
Would your child like to have a go at Little Athletics and have
some fun?***

Your child is invited to participate in a study entitled: **Increasing physical activity in children with disabilities through Little Athletics participation.** The study is being run by researchers from The University of Sydney School of Public Health.

This study aims to investigate if an assessment and support of a physiotherapist could help children with disabilities to be able to participate in Little Athletics. If you decide to let your child participate in this research study, you and your child will attend a Little Athletics centre at Parramatta or Kensington. A physiotherapist with experience working with children and knowledge about athletics will conduct an assessment to find out the level of your child's ability to do athletics. The physiotherapist will then discuss your child's ability with the local staff and volunteers at Little Athletics so that they can help your child take part in the events at Little Athletics. This may involve adapting activities or adjusting how some events are run so that your child can compete with everyone else.

To be eligible for this study your child needs to be aged 5-16 years, have a disability that affects the way they move and be able to attend Little Athletics at either Parramatta or Kensington. Participation is free.

This study is conducted by Prof Cathie Sherrington, Ms Kerry West, Dr Leanne Hassett and Dr Steven Kamper.

For more information, or to take part, please contact:

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